

Harm Reduction Education

CENTRAL REGION

This snapshot summarizes narrative findings from learning sessions held with key regional stakeholders identified by the Public Health Networks and community agencies. Data sources are listed under corresponding infographic.



INVOLVE PEOPLE WITH LIVED EXPERIENCE IN **PLANNING & EVALUATION** Service agencies recognize the employment of people with lived experience as important. Some involvement of clients in program evaluation efforts via surveys.



PROVIDING NON-**STIGMATIZING** SERVICES

Opportunities for provider and community educational training surrounding person-first language, cultural humility, and stigma. Access to language line services available noted.



COLLABORATION ACROSS THE CONTINUUM OF CARE

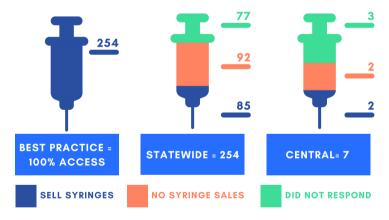
Opportunities to improve coordination among agencies. Strong partnerships between Public Health Network (PHN), Plymouth State University, the Doorway, Plymouth Area Recovery Connection, and Mid-State (Federally Qualified Health Center, FQHC).



INFECTION PREVENTION

There is a need for an SSP in the region, but the greater (non-drug using) community is not supportive of creating one. STI/vaccine education is available. Considerable need for information/education/low barrier access to sterile injection equipment.

PHARMACY SYRINGE ACCESS



SOURCE: SURVEY OF ALL NH RETAIL PHARMACIES CONDUCTED BY UNH IN 2020 (N= 174: TOTAL NH RETAIL PHARMACIES = 254; RESPONSE RATE 68.5%)

SYRINGE SERVICES PROGRAM ACCESS

NO SYRINGE SERVICES PROGRAM IN REGION

DISTANCES TO CLOSEST*

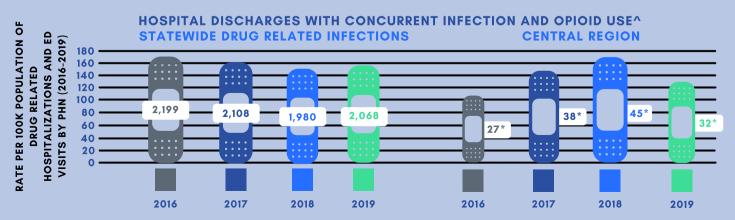
46.8 MI OCENTER CONWAY

60.4 MI MANCHESTER

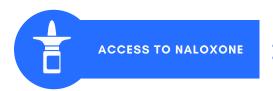
63.2 MI ROCHESTER

*DISTANCES TO CLOSEST SYRINGE SERVICES PROGRAMS FROM PUBLIC HEALTH NETWORK IN PLYMOUTH, NH

> SOURCE: SYRINGE SERVICE PROGRAMS REGISTERED IN NH, VT, AND ME



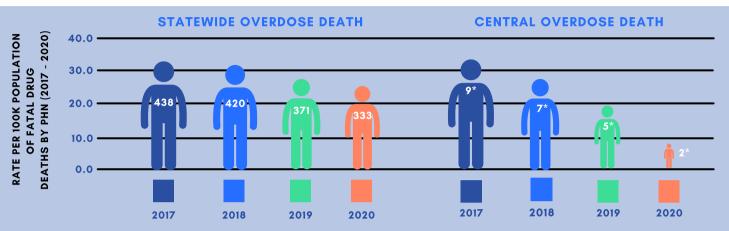
*THE SIZE OF THE BANDAGE IS THE RATE PER HUNDRED THOUSAND, TO ALLOW FOR COMPARABILITY. THE NUMBER ON THE BANDAGE REPRESENTS THE ACTUAL NUMBER OF ED AND INPATIENT DISCHARGES WITH CONCURRENT INFECTION AND OPIOID USE CODES. SOURCE: OFFICE OF HEALTH STATISTICS AND DATA MANAGEMENT, BUREAU OF PUBLIC HEALTH STATISTICS AND INFORMATICS, NH DEPARTMENT OF HEALTH AND HUMAN SERVICES ^INCLUDED CASES OF CELLULITIS, ABSCESS, SKIN INFECTION, BACTEREMIA, SEPTIC ARTHRITIS, OSTEOMYELITIS, OR ENDOCARDITIS AND OPIOID USE, OPIOID ABUSE, OPIOID DEPENDENCE, OPIOID POISONING, OR ADVERSE EFFECT OF OPIOID



Access available but not low barrier, primarily offered at pharmacies, the fire department, and Midstate (must already be a connected patient).



Provided through Lakes Region Mental Health Center, Midstate, and Lakes Region General. Case coordination/management in Emergency Room (ER) at Speare Memorial Hospital.



*THE SIZE OF THE PERSON IS THE RATE PER HUNDRED THOUSAND, TO ALLOW FOR COMPARABILITY. THE NUMBER ON THE PERSON IS THE ACTUAL NUMBER OF OVERDOSE DEATHS.

SOURCE: OFFICE OF THE NH MEDICAL EXAMINER (2017-2020)

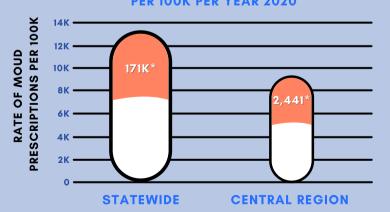


Lakes Region Mental Health Center has limited housing with naloxone on site. Staff is trained on substance use disorders. Veteran's Housing for families, Pemi-Bridge House provides dry shelter to people experiencing homelessness, Plymouth House has a sober living option for men.

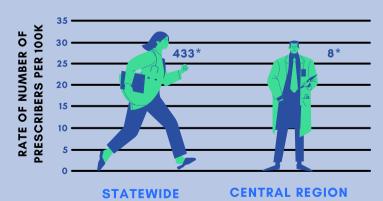


Buprenorphine is available through Mid-State and the Lakes Region Doorway. Lakes Region Mental Health Center is exploring prescribing Buprenorphine in the future. Opportunity to further expand access to MOUD throughout the region. New Seasons (Franklin) and Concord Metro are closest methadone clinics.

TOTAL RX MOUD PRESCRIPTIONS PER 100K PER YEAR 2020



NUMBER OF ACTIVE BUPRENORPHINE PRESCRIBERS PER 100K PER YEAR 2020



*THE SIZE OF THE ICON IS THE RATE PER HUNDRED THOUSAND, TO ALLOW FOR COMPARABILITY. THE NUMBER ON THE ICON IS THE ACTUAL NUMBER OF PRESCRIPTIONS OR PRESCRIBERS.

SOURCE: THE NH PRESCRIPTION DRUG MONITORING PROGRAM (2020)



An increase in telehealth use has helped mitigate transportation issues and expanded reach. Concern by providers that inability to attend group meetings is associated with relapses.